



The Church on the Cape Newsletter

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Nov-Dec 2008 Newsletter

Church Officers

Pastor

Rev. Ruth Merriam
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967-9816 (home)

Secretary

Religious Ed. Director
Sue Stedman
967-3550

Organist/Choir Director

Beryl Samia
646-3788

Custodian

Joe Fairfield
590-3206

Church Council Chair

Ellen Doubleday
967-4486

Treasurer

Elaine Triplett
967-3051

Financial Secretary

Jim Lennon
967-0408

Finance Cmte. Chair

Al Moulton
967-2616

SPRC

Tom Bradbury
967-5673

Ass't Lay Leader

Roy Bruton
985-2121

Trustees

Dave Chisholm
967-2692

Ministry of Caring

Debbi Lord 967-1295
Debbie Parsons 985-9196

Cargo Shop

Ruth Lovejoy 967-5021
Donna Rooney 282-6791

Women's Fellowship

Susan Baracco
967-0471

Prayer Chain

Weedie Falls 967-4029

Men's Group

Joe Fairfield 967-8862
Rich Parsons 985-9196

Pastor's Letter by Rev. Ruth Merriam



Christmas is coming! Whenever I walk into Rite Aid, I am reminded of the fact that it will soon be here, when I noticed Christmas trees in a lot - for sale!, when I grabbed for my winter parka, I am reminded of the fact that it will soon be here. The question is 'Will we be ready?' The obvious answer is 'Yes'. We, by the grace of God, will miraculously do the expected preparations - and most of us will be ready, on time no less!

Albeit, panting!

But the much deeper question relates to Jesus' words in Sunday's text: Luke 10:41-42:

"... You are worried and troubled over so many things, but just one is needed." What IS the one thing that is needed? Scripture leaves us plenty of room to come to our own conclusions. But my heart leads me to think this: - that it's our receptive presence to the Christ child in our lives.

How that translates will be different for each person. But for your meditation, I leave with you this poem that my sister, Janet wrote:

"Where is Christ at Christmas?"
"What part does He play - as we're busy getting ready to celebrate His day? As we're busy sending cards to friends, both far and near,

He's with those who have no friends - to give them love and cheer. As we're busy baking cookies, all that our freezers can ever store, He's in the minds and souls of those who yearn for something more. As we're busy settling our plans to bring our families near, He is with the man alone whose wife has died this year. As we're busy buying all the gifts our tired arms can hold, He's with those poor - who know so well that love's worth more than gold.

Where is Christ at Christmas? In the greatest gift of all: the gift of self to others - the answer to His call.

Come with us at the Church on the Cape - and come, let us adore Him.

His... Yours,
Ruth Merriam (Rev.)

Treadwell Meditation Garden Dedicated by Nancy Libby



(October 26, 2002) Gray clouds departed as bright sun shone upon our beloved Pastor Emeritus, the Reverend Sherwood A. Treadwell, and a large gathering at the dedication of the Treadwell Meditation Garden, Sunday, at the Church on the Cape, Cape Porpoise, Maine.

Twelve years ago, while lunching with architect Harvey Wells, Sherwood planted the seeds for his dream of a special medi-

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Meditation Garden continued by Nancy Libby

tation garden on the church grounds. It was by no coincidence that he had brought a carefully detailed sketch of the layout for Harvey's perusal.

When the new wing was completed in 2007, a group of men from the church, spearheaded by Bob McLaughlin and David Emery, began in earnest to bring Sherwood's dream to fruition...the time was right!!!

It is fitting, indeed, that this special place honor Pastor Emeritus Treadwell, a man who has dedicated his life to the Glory of God; a true shepherd, he has brought humor, hope, compassion and love to his flock, far and near.

A small secluded, peaceful place, the Treadwell Meditation Garden is welcome to all, to sit quietly, to refresh their spirits, to find strength in meditation.

As the lovely hymn by C. Austin Miles tells us:



I come to the garden alone, while the dew is still on the roses.

And the voice I hear, falling in my ear, the Son of God discloses.

And He walks with me, and He talks with me, and He tells me I am His own;

And the joy we share as we tarry there, none other has ever known."

Do come and tarry there; you may come alone, but you will never leave alone.

Communications by Bill Lord

The Church Council is comprised of the pastor, church officers and the chairs of various committees. It is the legislature of our church, discussing and deciding various issues affecting the congregation.

We voted at our last meeting to provide the congregation with a summary of these meetings so that the maximum number of members can keep track of the council's activities.

Since it is a synopsis, it lacks details. Feel free to ask Council Chair Ellen Doubleday or any committee member for additional information.

Wheelchair Lift Available

The Ministry of Caring/Mary Kraus Fund has a used motorized wheelchair lift that needs a new home.

It has served well one of our church families during the past few years.

Wheelchair lifts are designed to assist with wheelchair access where space limitations or height requirements make a ramp prohibitive.

If you know of anyone in our church family or an organization that can use it, please contact Debbi Lord at 967-1295 or call the church office.

Women's Fellowship Retreat Discusses "Unrealistic Expectations" by Alice Bruton



Saturday, September 20th, was an awesome day! The Women's Fellowship of the Church on the Cape held the first of what we hope will be an annual Women's Retreat. The weather was spectacular; the location was perfect; the atmosphere full of anticipation; the retreat leader, Dr. Cynthia Fantasia, was fantastic; the number of people attending was wonderful; and the food was delicious. Thank you to the committee of Beryl Samia, Ellen Doubleday and Carol Olson for all the preparation and implementation. Thank you to Karissa Sharkey and Wendy Emmons for the meaningful music. The retreat was held at the Kennebunkport Conservation Trust Building and grounds from 9 a.m. to 3 p.m. with forty women in attendance.



Our retreat leader was Dr. Cynthia Fantasia from Lexington, MA. A summary of her experience reads as follows: "Cynthia Fantasia currently serves as Pastor of Women at Grace Chapel, Lexington MA. Her ministry focuses on the transforming love of Jesus and the growth and development of women. With an honest and realistic approach to the truths of Scripture, Cynthia gives women an opportunity to believe in themselves and the love God has for them. Humor is woven into her teaching, encouragement is the foundation of her messages and His joy and hope are offered to all." (quoted from www.cynthiafantasia.org) The topic chosen for the Women's Fellowship Retreat was "Unrealistic Expectations".

Cynthia spoke about our journey to joy and how joy is a process – a journey, a mystery, an opportunity to grow, and a letting go of "stuff". Expectations are things that get in the way of joy. Expectations can also be the best part of a journey. Unrealistic expectations may end in failure. Realistic expectations help move you into God's plan for you. Cynthia spoke during a morning and an afternoon session, with a video being shown during each session. There was a morning sharing time in small groups outdoors in the sunshine. There was a circle of women of every age doing stretching and relaxation exercises just before going into the small group discussions. A box lunch was served at mid-day with sharing conversation continuing throughout the lunch hour.

We all left with a great deal of information to think about – unrealistic expectations and realistic expectations - God's plan for each one of us and listening in prayer for God's expectations to be revealed and how to live the way God wants us to. I think this first annual retreat was a great success. It was well planned and executed and every woman there was excited to be a part of the day. The Holy Spirit was indeed present.

This day was a wonderful spiritual journey shared by all who attended. We were one family sharing insights into each others' lives. We left spiritually fulfilled, happy and well fed! Congratulations to Beryl Samia, Carol Olson and Ellen Doubleday.

Can't wait for the next one!

Music Notes by Beryl Samia

All of the choirs are rehearsing now, and we have the largest Cherub Choir ever!! Seven adorable little girls. They are such typical girls; giggles and self conscious. What fun they are to work with. The Congregation will see them soon.

The Youth Choir is doing well, and will be singing during November and December. There are nine children in this group, and they have a very nice sound.

I know that many of you were very impressed and moved by the Choral/Organ Festival that was held here in August with Mark Thallander and Eric Knapp. With that in mind, I'd like to suggest that you set aside the weekend of August 7, 8, and 9th of 2009 for a spectacular musical event here at the church. You won't want to miss it, so

mark your 2009 calendars now. Set aside that weekend to simply be AMAZED!!!!!!!!!!!!

While I am talking about events in 2009 I should also mention that the NEW ENGLAND BRASS BAND will be coming back to Kennebunkport in March. We will, once again, be joining with the south Congregational Church to bring that outstanding group of musicians to the area for another fabulous concert. Save the date!! March 22, 2009, South Church in the port. Time will be announced at a later date.



In His Service,

Beryl Samia

News From Our Sunday School by Sue Stedman

Our Youth held their annual car wash on Saturday, September 13th. \$360.00 was raised to buy compact fluorescent light bulbs for our church family. The children will be passing out the bulbs to every family on Sunday, November 16th. We congratulate our children for wanting to get involved in energy conservation!!

We kicked off the new Sunday School year with "Rally Day" on September 14th. All enjoyed ice cream sundaes and hearing about each other's summer. What better way to greet old friends and make some new ones.

On Sunday, November 16th, our Youth will be holding a Bake Sale after our worship service. Their goal is to raise \$300.00 for the Global AIDS ministry. Come after service and enjoy purchasing some goodies from our kids!

On Sunday, December 14th the children of the Sunday School will be presenting "The Christmas Story" for the Congregation. It will be a day not to be missed!

Sue Stedman



From the Trustees by Dave Chisholm

In October, the Trustees voted to paint the inside of the sanctuary. We hope to have it done by early December.

We also voted to replace the siding on the outside of the church. This was due to the condition of the siding, both in looks and liability to the church. We plan on having the work to start in early March.

Dave Chisholm - Chairman, Board of Trustees

Just So You Know... by Susan Baracco

Our sympathy to....

Lamar & Elaine Robinson in the loss of their grandson
Beryl & Jerry Samia in the loss of a family member
Russ Gilmartin & family in the loss of his father
Betty Sterling & family in the loss of her husband Bob
Adrien Baracco & family in the loss of his father
The Howarth family in the loss of Bob Howarth

Continued prayers are requested for...

Eleanor Seavy who is at Mt. View Home
Harley Chamberlain
Greg Black & family
Rosaline Roberts who is dealing with cancer
Lee Maynard's nephew who is serving in Iraq
Bob McLaughlin for his brother Charles
Neil Warren in the loss of his brother-in-law
David Emery who is recovering from knee surgery
Marilyn Thompson
Barry Wood
Paul Burnham as he recovers from surgery
George Acker
Diane Connelly
Deane Beman as he recovers from open heart surgery

Congratulations to...

Jim & Judy Oppert on their 43rd wedding anniversary
Elizabeth Mills who started kindergarten
David & Judy Emery on their 50th wedding anniversary
Harley Chamberlain who celebrated a birthday in Sept.
Nate Emmons who turned 6 in September
Birthdays – Jim Docherty, Joe Fairfield, Isabelle Fitzgerald,
Neil Warren, Jean DeSantis, David Chisholm, Roy Bruton
Kendall Schnathmann who turned 5 in September
Sam Mills who turned 8 in October
Ian Emery on his 8th birthday
Erin Lee & Gabidson Brown on their wedding

Visitors to our church in August, Sept & October were from:

Mississippi
Cape Cod, North Reading, Holden, & Worcester, MA
Wichita, KS
Chicago, IL
Carbondale, CO
Wisconsin
Aroostook County
Pepperdine University –TX
Indianapolis
Columbus, OH
Sheldon, CT

Mary Kraus Scholarship Opportunity by Jean Moulton

In Memory of Mary Kraus, the Ministry of Caring is offering a one-year scholarship in the amount of \$1,000.00 to an active member of our Church Family who is pursuing a career in one of the areas of mental, physical or spiritual health at an accredited institution

To apply for this scholarship, please send a letter to M Kraus Scholarship Committee, c/o Ministry of Caring at the Church on the Cape giving information regarding where you are attending, in what field you are pursuing, and a brief statement why you should be considered for this scholarship.

If you have any questions, please call Debbi Lord 967-1295 or Jean Moulton 967-2616. All letters will be held in strict confidence.

Notice: This newsletter is being sent electronically to those on our 'allchurch' email list. This means that those who have email will receive this publication as soon as it is completed. If you no longer wish to receive the printed copy that comes through the mail, please let the office know so that we can reduce our printing and mailing costs.
Published November 5, 2008

Staff Changes



Chairman of the SPRC, Tom Bradbury, has announced that after years of devoted service David Doubleday is stepping down as our church custodian.

A nationwide search was conducted to find a suitable replacement and God provided by pointing out the perfect candidate two pews back. Joe Fairfield will be stepping up to that position and we're all excited about the energy and enthusiasm he'll bring to the position.



Thanks to both David and Joe for love and commitment that they bring to our church.

Thank You....

Thanks to everyone for their kindness during this time of my recovery.

Your cards, prayers and concern are very much appreciated.

Special thanks to the Ministry of Caring for all that you do.

Martin Mead

Iris and I wish to thank the Ministry of Caring for their help to Iris after her return home from the hospital. The meals and personal help were very much appreciated. We wish to thank Debbie Parsons, Lou Ann Falls and the wonderful ladies who knitted the Prayer Shawl for Iris. Many thanks to Nancy Libby for the extra meals; they were great. Thanks for much appreciated visits by Marilyn Thompson and Pastor Ruth.

Iris and George Cushman

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"WITH OUR GREETING, KNOW YOU WILL NO LONGER BE A STRANGER,
BUT WILL LEAVE THIS HOUSE AS A FRIEND." - WRITTEN BY A PARISONER